



New Plan Care
— SOLUTIONS —

Care that fits *real* life.

Personalized in-home support for individuals and families who need a little help, a lot of help or something in between.

Care Beyond the Expected.

Support should feel personal, practical, and flexible. We help individuals and families find the right kind of support for everyday life at home and in the community.



Call or text 314-405-0887



info@newplancare.com



newplancare.com

How We Can Help

Services can be used on their own or combined to create support that fits real life.



Personal Care & Daily Support

Help with bathing, grooming, dressing, mobility and other daily activities.



Respite for Families

Temporary support so family caregivers can rest, recharge and take care of themselves.



Companionship & Connection

Meaningful conversation, activities and social engagement.



Homemaking & Household Help

Light housekeeping, laundry, meal preparation and a cleaner, more comfortable home.



Independent Living Support

Build daily living skills, routines and confidence for greater independence.



Children & Family Support

Help for children with unique needs and support for the whole family.



Community Outings & Errands

Transportation and accompaniment to appointments, shopping, social activities and more.



Advanced Personal Care

Advanced Personal Care options may be added as services grow. Ask what is currently available.

Who We Help



Older Adults

Support to live safely, comfortably and confidently at home.



Adults With Disabilities

Personalized support to build skills, independence and a fulfilling daily life.



Young Adults Building Independence

Guidance and encouragement during life's next steps.



Children & Families

Support for children with unique needs and the families who love them.



Family Caregivers

Extra support, practical help and peace of mind.



People Recovering or Adjusting at Home

Support during recovery, life transitions or changes in health.

Why families choose us

- ✓ Support built around the person
- ✓ Thoughtful caregiver matching
- ✓ Flexible help that can grow or change
- ✓ A conversation-first approach with no pressure

Tell us what would make life easier.



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*Here
for what's
next.*

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